WHAT IS CLAIMED IS:

1. A method for facilitating an appointment-related action comprising: sending appointment information to a calendar application operating on a mobile station, wherein the appointment information includes an appointment, a starting action and an associated starting trigger time;

receiving the appointment information;

triggering the mobile station to perform the starting action at the associated starting trigger time; and

performing the starting action.

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2. A method according to Claim 1 further comprising:

receiving acceptance of the appointment information before triggering the mobile station; and

confirming performance of the starting action before performing the starting action,

wherein triggering the mobile station comprises triggering the mobile station if the appointment information is accepted, and wherein performing the starting action comprises performing the starting action if performance of the starting action is confirmed.

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3. A method according to Claim 1, wherein the appointment information further includes an ending action and an associated ending trigger time, wherein the method further comprises:

triggering the mobile station to perform the ending action at the associated ending trigger time; and

performing the ending action, and wherein triggering the mobile station to perform the ending action and performing the ending action occur after performing the starting action.

4. A method according to Claim 3 further comprising:

confirming performance of the ending action before performing the ending action wherein performing the ending action comprises performing the ending action if performance of the ending action is confirmed.

- 5 5. A method according to Claim 1 further comprising:
 sending the appointment information to a gateway; and
 formatting the appointment information for reception by the mobile station,
 wherein sending the appointment information to a gateway and formatting the
 appointment information occur before sending the appointment information to the
 10 calendar application.
 - 6. A method according to Claim 1, wherein sending appointment information comprises sending, from an organizer to a mobile station, appointment information in a format capable of being interpreted by the mobile station and the organizer.

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7. A method according to Claim 6, wherein sending appointment information in a format capable of being interpreted by the mobile station and the organizer comprises sending appointment information in at least one of a Resource Description Framework (RDF) and an Extensible Markup Language (XML) format.

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8. A method according to Claim 6 further comprising: interpreting the appointment information based upon the format of the appointment information, and thereafter triggering the mobile station to perform the starting action based upon the interpretation.

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9. A system for facilitating an appointment-related action comprising: an organizer capable of providing appointment information, wherein the appointment information includes an appointment, a starting action and an associated starting trigger time, and wherein the organizer is also capable of sending the appointment information;

a mobile station capable of receiving the appointment information, wherein the mobile station is capable of being triggered to perform the starting action at the associated starting trigger time, and thereafter performing the starting action.

- 10. A system according to Claim 9, wherein the mobile station is capable of receiving acceptance of the appointment information before being triggered to perform the starting action, wherein the mobile station is capable of being triggered to perform the starting action if the appointment information is accepted, and wherein the mobile station is capable of confirming performance of the starting action before performing the starting action, and thereafter performing the starting action if performance of the starting action is confirmed.
 - 11. A system according to Claim 9, wherein the appointment information further includes an ending action and an associated ending trigger time, and wherein the mobile station is also capable of being triggered to perform the ending action at the associated ending trigger time, and thereafter performing the ending action.
 - 12. A system according to Claim 11, wherein the mobile station is also capable of confirming performance of the ending action before performing the ending action, and thereafter performing the ending action if performance of the ending action is confirmed.
 - 13. A system according to Claim 9 further comprising:

a gateway capable of receiving the appointment information from the organizer,
wherein the gateway is capable of formatting the appointment information for reception
by the mobile station, and thereafter sending the formatted appointment information to
the mobile station.

14. A mobile station comprising:

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a receiver capable of receiving appointment information, wherein the appointment information includes an appointment, a starting action and an associated starting trigger time; and

a controller capable of operating a calendar application, wherein the calendar application is capable of receiving the appointment information from the receiver, and thereafter triggering the mobile station to perform the starting action at the associated starting trigger time.

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- 15. A mobile station according to Claim 14, wherein the calendar application is capable of receiving acceptance of the appointment information before triggering the mobile station to perform the starting action, wherein the calendar application is capable triggering the mobile station to perform the starting action if the appointment information is accepted, and wherein the calendar application is capable of confirming performance of the starting action before the mobile station performs the starting action such that the mobile station performs the starting action is confirmed.
- 16. A mobile station according to Claim 15 further comprising:
 a display capable of presenting a request for a user to accept the appointment
 information before the calendar application receives the acceptance, wherein the display
 is also capable of presenting a request to confirm performance of the starting action
 before the calendar application confirms performance.
- 17. A mobile station according to Claim 12, wherein the appointment
 25 information further includes an ending action and an associated ending trigger time, and wherein the calendar application is also capable of triggering the mobile station to perform the ending action at the associated ending trigger time.
- 18. A mobile station according to Claim 17, wherein the calendar application is also capable of confirming performance of the ending action before the mobile station

performs the ending action such that the mobile station performs the ending action if performance of the ending action is confirmed.

19. A computer program product for facilitating an appointment-related action
 of a mobile station, the computer program product comprising a computer-readable storage medium having computer-readable program code portions stored therein, the computer-readable program portions comprising:

a first executable portion for receiving appointment information, wherein the appointment information includes an appointment, a starting action and an associated starting trigger time; and

a second executable portion for triggering the mobile station to perform the starting action at the associated starting trigger time.

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- 20. A computer program product according to Claim 19, wherein the second executable portion is capable of receiving acceptance of the appointment information before triggering the mobile station to perform the starting action such that the second executable portion triggers the mobile station to perform the starting action if the appointment information is accepted, and wherein the second executable portion is capable of confirming performance of the starting action before the mobile station performs the starting action such that the mobile station performs the starting action if performance of the starting action is confirmed.
- 21. A computer program product according to Claim 19 further comprising: a third executable portion for directing a display to present a request for a user to accept the appointment information before the second executable portion receives the acceptance, wherein the third executable portion is also capable of directing the display to present a request to confirm performance of the starting action before the second executable portion confirms performance.
- 30 22. A computer program product according to Claim 19, wherein the appointment information further includes an ending action and an associated ending

trigger time, and wherein the second executable portion is also capable of triggering the mobile station to perform the ending action at the associated ending trigger time.

A computer program product according to Claim 22, wherein the second
 executable portion is also capable of confirming performance of the ending action before
 the mobile station performs the ending action such that the mobile station performs the
 ending action if performance of the ending action is confirmed.